

## BREAKFAST

### Toast of Your Choice (2 slices) 4.40 / 5

Extra Slices (2) ADD \$4.40 / \$5

CHOOSE (1) CONDIMENT:

Vegemite / Honey / Peanut Butter / Strawberry Jam

CHOOSE (1) BREAD TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

### Cereal 11.50 / 13.20

served with your choice of milk

CHOOSE (1) CEREAL TYPE:

- Coco Pops
- Corn Flakes
- Toasted Muesli
- Weet-Bix

### BIG BREAKFAST (GFO) 24 / 27.60

2 Free Range Eggs (your way) served with Mushrooms, Grilled Tomato, Hashbrown, Bacon, Chipolatas & your choice of Toast

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

### EGGS BENEDICT (GFO) 21 / 24.10

2 Poached Free Range Eggs with Baby Spinach & Hollandaise Sauce on Sourdough

CHOOSE FROM:

- Doubled Smoked Leg Ham
- Smoked Salmon
- Smoked Bacon

### BREAKY PLATE (GFO) 19 / 21.80

2 Poached Free Range Eggs with Shaved Leg Ham, Smashed Avo, Feta & Tomato Salsa on Sourdough

### LOADED VEGE (V) (GFO) 19 / 21.80

2 Poached Free Range Eggs with Basil Pesto, Mushrooms, Baby Spinach, Dukkah, Fetta, Roasted Pumpkin & Tomato Relish on Sourdough

### BANOFFEE PANCAKES (V) 17 / 19.50

Served with Banana, Caramel Sauce, Maple Syrup & Rock Salt Caramel Ice Cream

### SMASHED AVO (V) (GFO) 17 / 19.50

Served with 2 Poached Free Range Eggs & Dukkah on Sourdough

### BANANA BREAD (V) 10 / 11.50

Single serve of Banana Bread topped with Cinnamon & Maple Butter

### ZUCCHINI & CORN FRITTERS 21 / 24.10

Served with Baby Spinach, Avocado, Smoked Tomato Relish, Feta & Smoked Bacon

### KIDS PANCAKES 14 / 16.10

2 Pancakes served with Vanilla Ice Cream, Maple Syrup & Sprinkles

### CREATE YOUR OWN 15 / 17.20

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

EXTRAS

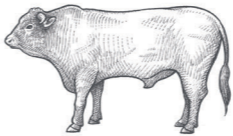



ADD \$5 / \$5.70 EA

- Wilted Spinach
- Avocado
- Chipolatas (2)
- Crispy Bacon
- Hashbrown
- Grilled Tomato
- Hollandaise
- Mushrooms
- Gluten Free (1 slice)
- Sourdough (2 slices)
- Free Range Eggs (2)  
Scrambled or fried

V = Vegetarian | GFO = Gluten Free Option Available

# THE BISTRO WALLSEND

ALL SERVED WITH CHIPS & SALAD OR POTATO & VEGETABLES

MON	TUE	WED	THU
			
CHAR-GRILLED STEAK	TEMPURA BATTERED FISH	ROAST PORK	CHICKEN SNITTY

WEEKLY **\$14** SPECIALS  
\*MEMBERS PRICING

BISTRO OPEN 7 DAYS

BREAKFAST 7AM-10.30AM | LUNCH FROM 11.30AM | DINNER FROM 5PM

**SANDWICHES**  
MADE TO ORDER 7AM-5PM

**COFFEE & CAKE**  
AVAILABLE 7AM 'TIL LATE

## BREADS

<b>Garlic Bread</b>	<b>10 / 11.50</b>
<b>Garlic Cheese Bread</b>	<b>10.50 / 11.60</b>
<b>Garlic Chilli Cheese Bread</b>	<b>11 / 12.60</b>

## PIZZAS

12-INCH HAND STRETCHED BASES.

<b>Garlic Bread Pizza</b>	<b>16 / 18.40</b>
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<b>Pesto Bread Pizza</b>	<b>16 / 18.40</b>
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<b>Margherita (V)</b>	<b>19 / 21.80</b>
Napoli sauce, mozzarella, diced tomato, fresh basil	

<b>Pepperoni</b>	<b>23 / 26.40</b>
Napoli sauce, sliced Italian pepperoni, mozzarella	

<b>Hawaiian</b>	<b>23 / 26.40</b>
Napoli sauce, mozzarella, smoked ham, pineapple	

<b>Meat Lovers</b>	<b>27 / 31</b>
Napoli sauce, mozzarella, brisket, ground beef, bacon, heirloom tomato, red onion, BBQ sauce swirl	

<b>Italian</b>	<b>27 / 31</b>
Napoli sauce, mozzarella, roast capsicum, Spanish onion, olives, leg ham, pepperoni, mushroom	

<b>Chicken &amp; Bacon</b>	<b>27 / 31</b>
Napoli sauce, roasted chicken, bacon, fetta, mozzarella, roasted capsicum, baby spinach & aioli swirl	

<b>Seafood</b>	<b>30 / 34.50</b>
Napoli sauce, garlic prawns, squid, Atlantic salmon, roast capsicum, pesto drizzle, mozzarella, & rocket	

<b>Vegorama (V)</b>	<b>26 / 29.90</b>
Napoli sauce, roasted pumpkin, roasted capsicum, baby spinach, fetta, pine-nuts, mushrooms, heirloom tomato, mozzarella	

## STARTERS

<b>Southern Fried Tacos</b>	<b>19 / 21.80</b>
3 tortillas, American slaw & lemon aioli (choose Tempura Enoki Mushroom <sup>(V)</sup> or Chicken)	

<b>Salt &amp; Pepper Squid</b>	<b>20 / 23</b>
with sweet soy & chilli dipping sauce	

<b>Mexican Nachos (GFO)</b>	<b>19 / 21.80</b>
Texas chilli, Mexican liquid cheese, melted cheese, avocado & sour cream	

<b>Loaded Chips</b>	<b>19 / 21.80</b>
Potato crispers, bacon, brisket, liquid cheese, melted cheese & shallots	

## PASTAS

All served with parmesan

<b>Slow Cooked Meat Lasagne</b>	<b>25 / 27.80</b>
with Napoli sauce & chips and salad	

<b>Pumpkin Ricotta Lasagne (V)</b>	<b>25 / 27.80</b>
with Napoli sauce & cheese, chips & salad	

<b>Chilli Prawn Linguini</b>	<b>28 / 32.20</b>
with Garlic, chilli, Spanish onion, white wine, cream, prawns & rocket	

<b>Linguini &amp; Smoked Meatballs</b>	<b>25 / 27.80</b>
with chorizo, roast peppers, onion, baby spinach, Napoli sauce	

## SALADS

<b>Caesar Salad</b>	<b>20 / 23</b>
Cos lettuce, bacon, parmesan, croutons and Caesar dressing + Chicken or Prawns	
	ADD \$8.50 / \$9.70

<b>Salt &amp; Pepper Squid Salad</b>	<b>23 / 26.40</b>
Fried squid coated in spiced salt & pepper seasoning, cucumber, Spanish onion, crispy noodles, carrot, roasted capsicum, mixed leaves & Japanese soy dressing	

<b>BBQ Lamb Salad</b>	<b>23 / 26.40</b>
Slow cooked lamb marinated with fresh herbs & lemon, rocket, baby spinach, cashew, avocado, roasted capsicum, carrot, fetta, Green Goddess dressing	

<b>Beetroot Falafel Salad (V/GFO)</b>	<b>23 / 26.40</b>
Mixed greens, roast capsicum, pine-nuts, carrot, avocado, red onion with lemon dressing	

## STACK YA PLATE

<b>ALL MEALS</b>	<b>33 / 38</b>
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CHOOSE (1) PROTEIN ITEM:

- 300g Grain Fed Sirloin
- Grilled Barramundi
- 300g Grilled Chicken Breast
- Fish of the Day (see menu board for details)
- Grilled Pork Cutlet

CHOOSE (1) STARCH ITEM:

- Sweet Potato Fries
- Mash Potato
- Roasted Chats
- Chips

CHOOSE (1) SIDE ITEM:

- Steamed Fresh Vegetables
- Coleslaw & Rocket
- Wok Fried Greens
- Beetroot Falafel Salad
- Tossed Salad

CHOOSE (1) SAUCE ITEM:

Dianne / Mushroom / Pepper Hollandaise / Aioli

## PIMP YA SNITTY

<b>ALL MEALS</b>	<b>28 / 32.20</b>
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served with your choice of chips & salad or veg

CHOOSE YOUR SCHNITZEL:

Chicken / Veal / Vegetable

CHOOSE YOUR TOPPER:

- Mexican - Texan chilli beef, melted cheese, avocado & sour cream
- Garlic Prawn - Grilled prawns with creamy garlic sauce
- Parmigiana - Napoli sauce & mozzarella
- Avocado & Hollandaise - just as it says

## OODLES OF NOODLES

<b>ALL MEALS</b>	<b>25 / 27.80</b>
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Tossed with Asian Greens

Choose (1) from each line:

- Noodles - Hokkien / Flat Rice
- Protein - Chicken / Beef / Tempura Enoki Mushroom <sup>(V)</sup>
- Sauce - Satay / Teriyaki / Hoisin

## KIDS MEALS

<b>ALL MEALS</b>	<b>15 / 17.20</b>
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- Battered Fish Cocktails
- Kids Nuggets
- Pasta with Napoli & Meatballs
- Cheeseburger

## READY TO GO MEALS

<b>ALL MEALS</b>	<b>19.50 / 22.40</b>
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Available from the Bain Marie and served with your choice of chips & salad or vegetables

- Roast of the Day <sup>(GF)</sup>
- Grilled Fish
- Tempura Battered Fish
- Bangers & Mash
- Chicken Schnitzel
- 1/4 Roast Chicken
- Chef's Special

## BURGERS

<b>ALL MEALS</b>	<b>21 / 24.10</b>
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All burgers served with Shaker Fries

- **The Norm** – 100% beef patty, tomato, lettuce, beetroot, onion, cheese & milk bun
- **The Louisiana** – Southern Fried Chicken Breast, bacon, tomato, lettuce, cheese, ranch & milk bun
- **Chicken Schnitzel** – 100g schnitzel with bacon, tomato, lettuce, cheese, aioli & milk bun
- **Steak Sanga** – Steak with cos lettuce, tomato, beetroot, caramelised onion & thick cut bread