

BREAKFAST

Toast of Your Choice (2 slices) 4.40 / 5
Extra Slices (2) ADD \$4.40 / \$5

CHOOSE (1) CONDIMENT:

Vegemite / Honey / Peanut Butter / Strawberry Jam

CHOOSE (1) BREAD TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

Toasted Muesli 11.50 / 13.20
served with fresh berries and banana, your choice of milk

BIG BREAKFAST (GFO) 26 / 29.90

2 Free Range Eggs (your way) served with Mushrooms, Grilled Tomato, Hashbrown, Bacon, Chipolatas & your choice of Toast

CHOOSE YOUR EGG STYLE:

- Scrambled
- Fried
- Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

EGGS BENEDICT (GFO) 23 / 26.40

2 Poached Free Range Eggs with Baby Spinach & Hollandaise Sauce on Sourdough

CHOOSE FROM:

- Doubled Smoked Leg Ham
- Smoked Salmon
- Smoked Bacon
- Smoked brisket and chipotle hollandaise

BREAKY PLATE (GFO) 22 / 25.30

2 Poached Free Range Eggs with Shaved Leg Ham, Smashed Avo, Feta & Tomato Salsa on Sourdough

LOADED VEGE (V) (GFO) 22 / 25.30

2 Poached Free Range Eggs with Basil Pesto, Mushrooms, Baby Spinach, Dukkah, Fetta, Roasted Pumpkin & Tomato Relish on Sourdough

BANOFFEE PANCAKES (V) 19 / 21.80

Served with Banana, Caramel Sauce, Maple Syrup & Rock Salt Caramel Ice Cream

SMASHED AVO (V) (GFO) 19 / 21.80

Served with 2 Poached Free Range Eggs & Dukkah on Sourdough

BANANA BREAD (V) 11 / 12.65

Single serve of Banana Bread topped with Cinnamon & Maple Butter

ZUCCHINI & CORN FRITTERS 23 / 26.40

Served with Baby Spinach, Avocado, Smoked Tomato Relish, Feta & Smoked Bacon

KIDS PANCAKES 15 / 17.20

2 Pancakes served with Vanilla Ice Cream, Maple Syrup & Sprinkles

BREAKY WRAP 19 / 21.80

with Scrambled Egg, Bacon Rasher, Tomato Relish, Cheese, Spinach, Hash Brown in a Floured Tortilla

CREATE YOUR OWN 15 / 17.20

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Sourdough
- Wholemeal
- Multigrain
- White
- Gluten Free

EXTRAS

ADD \$5 / \$5.70 EA

- Wilted Spinach
- Avocado
- Chipolatas (2)
- Crispy Bacon
- Hashbrown
- Grilled Tomato
- Hollandaise
- Mushrooms
- Gluten Free (1 slice)
- Sourdough (2 slices)
- Free Range Eggs (2)
Scrambled or fried

THE BISTRO WALLSEND

BISTRO OPEN 7 DAYS

BREAKFAST 7AM-10.30AM | LUNCH FROM 11.30AM | DINNER FROM 5PM

SANDWICHES

MADE TO ORDER 7AM-5PM

COFFEE & CAKE

AVAILABLE 7AM 'TIL LATE

COOK-TO-ORDER
Meals

\$16*

*Members Price



MON
CHAR-GRILLED STEAK



TUE
TACO TUESDAY



WED
SEAFOOD BASKET (1)



THU
ALL PIZZAS

BREADS

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|----------------------------|---------------|
| Garlic Bread | 10 / 11.50 |
| Garlic Cheese Bread | 10.50 / 11.60 |
| Garlic Chilli Cheese Bread | 11 / 12.60 |

PIZZAS

12-INCH HAND STRETCHED BASES.

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| Confit Garlic Pizza | 18 / 20.70 |
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| Margherita (V) | 21 / 24.60 |
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Sugo sauce, mozzarella, diced tomato, fresh basil

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| Pepperoni | 24 / 27.60 |
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Sugo sauce, sliced Italian pepperoni, mozzarella

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| Hawaiian | 24 / 27.60 |
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Sugo sauce, mozzarella, smoked ham, pineapple

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| Meat Lovers | 29 / 33.30 |
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Sugo sauce, mozzarella, brisket, ground beef, bacon, roasted capsicum, red onion, BBQ sauce swirl

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| El Supremo | 29 / 33.30 |
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Sugo sauce, mozzarella, roast capsicum, Spanish onion, olives, leg ham, pepperoni, mushroom

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| Chicken & Chorizo | 29 / 33.30 |
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Sugo sauce, roasted peppers, chorizo, baby spinach & mozzarella

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| Prawn & Bacon (M) | 32 / 36.80 |
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Sugo sauce, garlic prawns, crisp bacon, confit garlic, fresh basil, cherry tomatoes, mozzarella

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| Pumpkin & Fetta (V) | 28 / 32.20 |
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Sugo sauce, roasted pumpkin, roasted capsicum, baby spinach, fetta, pine-nuts, mushrooms, Heirloom tomato, mozzarella

STARTERS

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| Southern Fried Tacos | 19 / 21.80 |
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- Battered Flathead & Jalepeno Aioli (I)
- Pulled Pork & American Liquid Cheese
- Smoked Brisket & Sticky BBQ Sauce
- Southern Fried Chicken & Aioli
- Beetroot Falafel & Tomato Salsa

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| Salt & Pepper Squid (I) | 20 / 23 |
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with Japanese dipping sauce

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| Mexican Nachos (GFO) | 19 / 21.80 |
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Texas chilli, chipotle cheese sauce, melted cheese, avocado & sour cream

PASTAS

All served with parmesan

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| Slow Cooked Meat Lasagne | 27 / 31 |
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with Napoli sauce & chips & salad

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| Pumpkin Ricotta Lasagne (V) | 27 / 31 |
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with Napoli sauce & cheese, chips & salad

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| Chilli Prawn Linguini (M) | 30 / 37.90 |
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with Garlic, chilli, Spanish onion, white wine, cream, prawns & rocket

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| Creamy Chicken & Bacon Linguini | 26 / 29.90 |
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with mushrooms, shallots, onion, baby spinach

SALADS

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| Caesar Salad | 22 / 25.30 |
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Cos lettuce, bacon, parmesan, croutons and Caesar dressing
+ Chicken or Prawns (M) ADD \$9.00 / \$10.00

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| Crispy Chicken & Bacon | 25 / 28.70 |
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Tossed with tomato avocado, fetta, baby spinach, peppers, red onion & ranch dressing

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| BBQ Lamb Salad | 25 / 28.70 |
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Slow cooked lamb marinated with fresh herbs & lemon, rocket, baby spinach, cashew, avocado, roasted capsicum, carrot, fetta, Green Goddess dressing

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| Beetroot Falafel Salad (V/GFO) | 25 / 28.70 |
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Mixed greens, roast capsicum, pine-nuts, carrot, avocado, red onion with lemon dressing

FROM THE GRILL

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| ALL MEALS | 35 / 40.20 |
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CHOOSE (1) PROTEIN ITEM:

- 300g Grain Fed Sirloin
- Grilled Barramundi (I)
- 300g Grilled Chicken Breast
- Grilled Salmon Fillet (I)
- Grilled Pork Cutlet

CHOOSE (1) STARCH ITEM:

- Sweet Potato Fries
- Mash Potato
- Roasted Chats
- Chips

CHOOSE (1) SIDE ITEM:

- Steamed Fresh Veg
- Coleslaw & Rocket
- Beetroot Falafel Salad
- Tossed Salad
- Sauteed Mushroom, Spinach & Broccolini
- Wok Tossed Asian Greens

CHOOSE (1) SAUCE ITEM:

Diane / Mushroom / Pepper /
Hollandaise / Aioli / Creamy Garlic

LOADED SCHNITZELS

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| ALL MEALS | 30 / 34.50 |
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served with your choice of chips & salad or veg

CHOOSE YOUR SCHNITZEL:

Chicken / Veal / Vegetable

CHOOSE YOUR TOPPER:

- Mexican - Texan chilli beef, chipotle cheese, avocado & sour cream
- Garlic Prawn - Grilled prawns with creamy garlic sauce (M)
- Parmigiana - Napoli sauce, ham & cheese
- Avocado & Hollandaise - just as it says
- American BBQ - brisket, pulled pork, bacon, chipotle cheese sauce & shallots
- Boscaiola - grilled field mushroom, bacon and creamy garlic sauce

BISTRO FAVOURITES

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| Mixed Grill | 30 / 34.50 |
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Steak, Lamb Chop, Thick Sausage, Tomato, Bacon, Onion, Egg on Mash Potato & Peas Gravy

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| Bangers & Mash | 22 / 25.30 |
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Thick Beef Sausages (2), mash potato, peas, grilled onion and gravy

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| Chicken Noodle Satay | 27 / 31 |
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with Asian greens and mild satay sauce

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| Crumbed Lamb Cutlets | 30 / 34.50 |
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chips & salad with gravy

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| Seafood Basket (I) | 25 / 29 |
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fish, prawn cutlet, calamari, double crunch prawn, chips & salad, lemon & tartare

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| Salt & Pepper Squid (I) | 25 / 29 |
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with chips, salad & Japanese dipping sauce

KIDS MEALS

15 / 17.20

- Battered Fish Cocktails with Chips (I)
- Nuggets with Chips
- Sausage (1) & chips
- Cheeseburger with Chips
- Nuggets with Chips
- Pasta Bolognaise

READY TO GO MEALS

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| ALL MEALS | 18.00 / 22.40 |
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Available from the Bain Marie and served with your choice of chips & salad or vegetables

- Roast of the Day (GF)
- Grilled Fish (I)
- Homemade Beef Rissoles
- Battered Fish (I)
- Chicken Schnitzel
- 1/4 Roast Chicken
- Chef's Special

BURGERS

served with Shaker Fries

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| ALL MEALS | 23 / 26.40 |
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- The Norm - 100% beef patty, tomato, lettuce, beetroot, onion, cheese & milk bun
- The Louisiana - Southern Fried Chicken Breast, bacon, tomato, lettuce, cheese, ranch & milk bun
- Chicken Schnitzel - 100g schnitzel with bacon, tomato, lettuce, cheese, aioli & milk bun
- Steak Sanga - Steak with cos lettuce, tomato, beetroot, caramelised onion & thick cut bread
- Vegetarian Burger - Pumpkin patty with beetroot pesto, tomato, onion, cheese and sriracha mayo

Check the tables for daily / weekly specials and other discounted meals

V = Vegetarian | GFO = Gluten Free Option Available

Seafood Key

A = Australian | I = Imported | M = Mixed