

BREAKFAST

Toast of Your Choice (2 slices) 4.40 / 5
Extra Slices (2) ADD \$4.40 / \$5

CHOOSE (1) CONDIMENT:

Vegemite / Honey / Peanut Butter / Strawberry Jam

CHOOSE (1) BREAD TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

Toasted Muesli 11.50 / 13.20
served with fresh berries and
banana, your choice of milk

BIG BREAKFAST (GFO) 26 / 29.90

2 Free Range Eggs (your way) served with
Mushrooms, Grilled Tomato, Hashbrown, Bacon,
Chipolatas & your choice of Toast

CHOOSE YOUR EGG STYLE:

- Scrambled
- Fried
- Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

EGGS BENEDICT (GFO) 23 / 26.40

2 Poached Free Range Eggs with Baby
Spinach & Hollandaise Sauce on Sourdough

CHOOSE FROM:

- Doubled Smoked Leg Ham
- Smoked Salmon
- Smoked Bacon
- Smoked brisket and chipotle hollandaise

BREAKY PLATE (GFO) 22 / 25.30

2 Poached Free Range Eggs with Shaved Leg Ham,
Smashed Avo, Feta & Tomato Salsa on Sourdough

LOADED VEGE (V) (GFO) 22 / 25.30

2 Poached Free Range Eggs with Basil Pesto,
Mushrooms, Baby Spinach, Dukkah, Fetta,
Roasted Pumpkin & Tomato Relish on Sourdough

BANOFFEE PANCAKES (V) 19 / 21.80

Served with Banana, Caramel Sauce,
Maple Syrup & Rock Salt Caramel Ice Cream

SMASHED AVO (V) (GFO) 19 / 21.80

Served with 2 Poached Free Range Eggs
& Dukkah on Sourdough

BANANA BREAD (V) 11 / 12.65

Single serve of Banana Bread topped
with Cinnamon & Maple Butter

ZUCCHINI & CORN FRITTERS 23 / 26.40

Served with Baby Spinach, Avocado,
Smoked Tomato Relish, Feta & Smoked Bacon

KIDS PANCAKES 15 / 17.20

2 Pancakes served with Vanilla Ice Cream,
Maple Syrup & Sprinkles

BREAKY WRAP 19 / 21.80

with Scrambled Egg, Bacon Rasher, Tomato Relish,
Cheese, Spinach, Hash Brown in a Floured Tortilla

CREATE YOUR OWN 15 / 17.20

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

EXTRAS ADD \$5 / \$5.70 EA

- Wilted Spinach
- Chipolatas (2)
- Hashbrown
- Hollandaise
- Gluten Free (1 slice)
- Free Range Eggs (2)
Scrambled or fried
- Avocado
- Crispy Bacon
- Grilled Tomato
- Mushrooms
- Sourdough (2 slices)

THE BISTRO WALLSEND

BISTRO OPEN 7 DAYS

BREAKFAST 7AM-10.30AM | LUNCH FROM 11.30AM | DINNER FROM 5PM

SANDWICHES

MADE TO ORDER 7AM-5PM

COFFEE & CAKE

AVAILABLE 7AM 'TIL LATE

COOK-TO-ORDER Meals

\$15*
*Non-Members
Price \$21.40



CHAR-GRILLED STEAK



TACO TUESDAY



SEAFOOD BASKET



ALL PIZZAS

BREADS

Garlic Bread	10 / 11.50
Garlic Cheese Bread	10.50 / 11.60
Garlic Chilli Cheese Bread	11 / 12.60

PIZZAS

12-INCH HAND STRETCHED BASES.

Confit Garlic Pizza	18 / 20.70
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Margherita (V)	21 / 24.60
Sugo sauce, mozzarella, diced tomato, fresh basil	

Pepperoni	24 / 27.60
Sugo sauce, sliced Italian pepperoni, mozzarella	

Hawaiian	24 / 27.60
Sugo sauce, mozzarella, smoked ham, pineapple	

Meat Lovers	29 / 33.30
Sugo sauce, mozzarella, brisket, ground beef, bacon, roasted capsicum, red onion, BBQ sauce swirl	

El Supremo	29 / 33.30
Sugo sauce, mozzarella, roast capsicum, Spanish onion, olives, leg ham, pepperoni, mushroom	

Chicken & Chorizo	29 / 33.30
Sugo sauce, roasted peppers, chorizo, baby spinach & mozzarella	

Prawn & Bacon	32 / 36.80
Sugo sauce, garlic prawns, crisp bacon, confit garlic, fresh basil, cherry tomatoes, mozzarella	

Pumpkin & Fetta (V)	28 / 32.20
Sugo sauce, roasted pumpkin, roasted capsicum, baby spinach, fetta, pine-nuts, mushrooms, Heirloom tomato, mozzarella	

STARTERS

Southern Fried Tacos	19 / 21.80
- Battered Flathead & Jalepeno Aioli - Pulled Pork & American Liquid Cheese - Smoked Brisket & Sticky BBQ Sauce - Southern Fried Chicken & Aioli - Beetroot Falafel & Tomato Salsa	

Salt & Pepper Squid	20 / 23
with Japanese dipping sauce	

Mexican Nachos (GFO)	19 / 21.80
Texas chilli, chipotle cheese sauce, melted cheese, avocado & sour cream	

PASTAS

All served with parmesan

Slow Cooked Meat Lasagne	27 / 31
with Napoli sauce & chips & salad	

Pumpkin Ricotta Lasagne (V)	27 / 31
with Napoli sauce & cheese, chips & salad	

Chilli Prawn Linguini	30 / 37.90
with Garlic, chilli, Spanish onion, white wine, cream, prawns & rocket	

Creamy Chicken & Bacon Linguini	26 / 29.90
with mushrooms, shallots, onion, baby spinach	

SALADS

Caesar Salad	22 / 25.30
Cos lettuce, bacon, parmesan, croutons and Caesar dressing	
+ Chicken or Prawns	ADD \$9.00 / \$10.00

Crispy Chicken & Bacon	25 / 28.70
Tossed with tomato avocado, fetta, baby spinach, peppers, red onion & ranch dressing	

BBQ Lamb Salad	25 / 28.70
Slow cooked lamb marinated with fresh herbs & lemon, rocket, baby spinach, cashew, avocado, roasted capsicum, carrot, fetta, Green Goddess dressing	

Beetroot Falafel Salad (V/GFO)	25 / 28.70
Mixed greens, roast capsicum, pine-nuts, carrot, avocado, red onion with lemon dressing	

FROM THE GRILL

ALL MEALS	35 / 40.20
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CHOOSE (1) PROTEIN ITEM:

- 300g Grain Fed Sirloin
- Grilled Barramundi
- 300g Grilled Chicken Breast
- Grilled Salmon Fillet
- Grilled Pork Cutlet

CHOOSE (1) STARCH ITEM:

- Sweet Potato Fries
- Mashed Potato
- Roasted Chats
- Chips

CHOOSE (1) SIDE ITEM:

- Steamed Fresh Veg
- Coleslaw & Rocket
- Beetroot Falafel Salad
- Tossed Salad
- Sauteed Mushroom, Spinach & Broccolini
- Wok Tossed Asian Greens

CHOOSE (1) SAUCE ITEM:

Diane / Mushroom / Pepper / Hollandaise / Aioli / Creamy Garlic

LOADED SCHNITZELS

ALL MEALS	30 / 34.50
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served with your choice of chips & salad or veg

CHOOSE YOUR SCHNITZEL:

Chicken / Veal / Vegetable

CHOOSE YOUR TOPPER:

- Mexican - Texan chilli beef, chipotle cheese, avocado & sour cream
- Garlic Prawn - Grilled prawns with creamy garlic sauce
- Parmigiana - Napoli sauce, ham & cheese
- Avocado & Hollandaise - just as it says
- American BBQ - brisket, pulled pork, bacon, chipotle cheese sauce & shallots
- Boscaiola - creamy bacon, mushroom, shallot & garlic topper

BISTRO FAVOURITES

Mixed Grill	30 / 34.50
Steak, Lamb Chop, Thick Sausage, Tomato, Bacon, Onion, Egg on Mash Potato & Peas Gravy	

Bangers & Mash	22 / 25.30
Thick Beef Sausages (2), mash potato, peas, grilled onion and gravy	

Chicken Noodle Satay	27 / 31
with Asian greens and mild satay sauce	

Crumbed Lamb Cutlets	27 / 31
chips & salad with gravy	

Seafood Basket	25 / 29
fish, prawn cutlet, calamari, double crunch prawn, chips & salad, lemon & tartare	

Salt & Pepper Squid	25 / 29
with chips, salad & Japanese dipping sauce	

KIDS MEALS

15 / 17.20

- Battered Fish Cocktails with Chips
- Nuggets with Chips
- Sausage (1) & chips
- Cheeseburger with Chips
- Nuggets with Chips
- Pasta Bolognaise

READY TO GO MEALS

ALL MEALS	19.50 / 22.40
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Available from the Bain Marie and served with your choice of chips & salad or vegetables

- Roast of the Day (GF)
- Grilled Fish
- Homemade Beef Rissoles
- Battered Fish
- Chicken Schnitzel
- 1/4 Roast Chicken
- Chef's Special

BURGERS

served with Shaker Fries

ALL MEALS	23 / 26.40
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- The Norm - 100% beef patty, tomato, lettuce, beetroot, onion, cheese & milk bun
- The Louisiana - Southern Fried Chicken Breast, bacon, tomato, lettuce, cheese, ranch & milk bun
- Chicken Schnitzel - 100g schnitzel with bacon, tomato, lettuce, cheese, aioli & milk bun
- Steak Sanga - Steak with cos lettuce, tomato, beetroot, caramelised onion & thick cut bread
- Vegetarian Burger - Pumpkin patty with beetroot pesto, tomato, onion, cheese and sriracha mayo